

### KS3 Agreed minimum outcomes (2014 update)

Key Stage 3		Pupils will be taught	Outcomes (Pupils will know)	Resources (Newbridge in black, Castle Rock in red).
<b>Science PoS</b>	<b>Year/Term Topic</b>	<b>1. Organisms, Behaviour and Health</b> <ul style="list-style-type: none"> <li>The human reproductive cycle includes adolescence, fertilisation and foetal development.</li> <li>Conception, growth, development, behaviour and health can be affected by diet, drugs and disease.</li> </ul>	<ul style="list-style-type: none"> <li>About the physical and emotional changes that takes place during adolescence</li> <li>The role of hormones in the menstruation cycle and how fertility is affected by age.</li> <li>That fertilisation in humans...is the fusion of a male and female cell</li> <li>About the human reproductive system, including the menstrual cycle and fertilisation</li> </ul>	Newbridge in black (HCC lessons and tutor time) Yr 7 Health Ed prog. 12 weeks Yr 8 Citizenship Sex Ed Unit 6 weeks taught by specialist. Yr 9 Development Unit in CEG and parenting lessons. <u>Castle Rock in red</u> Puberty and body changes and menstruation & sanitation. The science of reproduction i.e. sex cells, the body, intercourse, pregnancy and childbirth. (All taught in science).Year 7 Conception/contraception (Year 8)
	Year 7-9 spiral curriculum			
		<b>2. Sexual Health</b> <ul style="list-style-type: none"> <li>Includes issues related to conception, pregnancy and disease.</li> </ul>	<ul style="list-style-type: none"> <li>The specific vocabulary to name the reproductive organs.</li> <li>The processes of menstruation, ovulation, sperm production, fertilisation, conception and the growth of the baby.</li> <li>How women get pregnant and what sexual activities can/cannot lead to conception.</li> </ul>	Newbridge in black (HCC lessons) Yr 7 Health Ed prog. 12 weeks Yr 8 Citizenship Sex Ed Unit 6 weeks Yr 9 Development Unit in CEG and parenting lessons. Yr9 Personal safety Unit <u>Castle Rock in red</u> Keeping healthy and where to go for advice (Year 7) Relationships/family/responsibility/marriage/parenthood(Year 8) Where to go for advice/Assessing risk/Personal safety/Peer pressure and decision making/gender and sexuality/sex and the law/High risk behaviours/Red box contraception (Year 9) Self-esteem (All years)
		<b>3. Diet, Drugs and Disease</b> <ul style="list-style-type: none"> <li>This includes ..... the effect of drugs such as alcohol, tobacco and cannabis on mental and physical health. It also includes the effects of bacteria and viruses, such as those associated with sexually transmitted infections.</li> </ul>	<ul style="list-style-type: none"> <li>How drugs and alcohol use affect sexual behaviour.</li> <li>What are sexually transmitted infections, how they're transmitted, treated, tested and prevented.</li> <li>How the growth and reproduction of bacteria and the replication of viruses can effect health</li> </ul>	Newbridge in black (HCC lessons, food and science) Yr 7 and 8 health Ed and Cit Ed Sex Ed and Drugs Ed units. Includes new STI resources from recent training. Yr7/8 Healthy eating in food and food groups in Science Year 9 CEG Development Unit and Personal Safety Unit. <u>Castle Rock in red</u> STIs, including HIV (Year 9)

### Key stage 3

Key Stage 3		Pupils will be taught	Outcomes (Pupils will know and understand)	Resources
PSHE Framework	Year/term Topic  Years 7-9 on a spiral curriculum	<p><b>4. Personal Wellbeing</b></p> <ul style="list-style-type: none"> <li>• <i>The range and content that teachers should draw on when teaching key concepts and processes:</i> <ul style="list-style-type: none"> <li>○ Examples of diverse values encountered in society and the clarification of personal values</li> <li>○ Physical and emotional change and puberty</li> <li>○ Sexual activity, human reproduction, contraception, pregnancy and sexually transmitted infections and HIV and how high-risk behaviours affect the health and well-being of individuals, families and communities</li> <li>○ Ways of recognising and reducing risk, minimising harm and getting help in emergency and risky situations</li> <li>○ The features of positive and stable relationships, how to deal with a breakdown in a relationship and the effects of loss and bereavement</li> <li>○ Different types of relationships, including those within families and between older and younger people, boys and girls and people of the same sex, including civil partnerships</li> <li>○ The nature and importance of marriage and of stable relationships for family life and bringing up children</li> <li>○ The similarities, differences and diversity among people of different race, culture, ability, disability, gender, age and sexual orientation and the impact of prejudice, bullying, discrimination and racism on individuals</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• That friends, family, culture and faith influence attitudes to sex &amp; relationships</li> <li>• How our relationships with peers and family change during puberty.</li> <li>• The law on consent to sexual activity.</li> <li>• How to assess risk.</li> <li>• The different types of contraception including emergency contraception and how they are used.</li> <li>• Where to go for advice and sexual health services (local service information)</li> <li>• What are some of the influences on choices about sex and relationships and how to deal with peer pressure.</li> <li>• How to talk to parents/a trusted adult about sex and relationships.</li> <li>• The different ways of expressing sexual intimacy and the associated risks of STIs and pregnancy.</li> <li>• The skills and attitudes needed to cope with changes in feelings, emotions, change and new knowledge.</li> <li>• What makes up stable relationships and the effects of loss and bereavement.</li> <li>• How males and females behave in relationships.</li> <li>• The choices a woman has if she gets pregnant.</li> <li>• About physical attraction and sexual orientation and how this can vary between people.</li> <li>• What factors make up a loving and happy relationships, and an unhappy one.</li> </ul>	<p>Newbridge in black Year 7-9 Tutor Time SoW, especially units on relationships &amp; safety. <i>Year 7 Health Ed Sex and Relationships Unit</i> Year 7 single sex lessons. <i>Year 8 Citizenship Sex and Relationships and Drugs Ed units</i> Year 8 Citizenship Rights and Responsibilities and Media units Year 9 CEG units on Development and the <i>Personal safety unit including new resources on “What age are you” and the clip board girl.</i> Clear signposting <u>Castle Rock in red</u> <i>Where to go for advice/Assessing risk/Personal safety/Peer pressure and decision making//High risk behaviours (Year 9)</i> <i>Relationships/family/responsibility/marriage/parenthood(Year 8)</i></p>

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